

No one gets through life stain-free, sometime you have to embrace the mess

LIGGY SAUCE

Written and performed by Sophia Jane Wilkof

July 31-August 11 and August 17-August 24

12:15pm at The Raging Bull



Saucy Comedian and serial spiller **Sophia Jane Wilkof** returns to the Fringe with her second original solo show, *Liggy Sauce*, a hilariously messy exploration of self-doubt, self-acceptance, and finding meaning in the mess.

Named after a term coined by Sophia's dad to describe the stain that appears on her clothes no matter what she eats, *Liggy Sauce* is a love letter to the messes we hide and the ones we wear proudly.

Sophia blends sharp punchlines, physical comedy, and painfully honest confessions into a one-woman symphony of schmutz.

Why this show?

Speaking about the show, Wilkof says, *"Being a mess has always been an undeniable part of my identity - I've always been klutzy, injury-prone, disorganized, and generally frazzled. But as I've gotten older, I've had to confront the fact that maybe the mess isn't funny anymore. Maybe I'm less of a 'hot mess' and more of a 'stained b*tch'."*

"When I got engaged (which was itself a bit of a mess), I couldn't help but feel that maybe I'm not 'together enough' to enter the next stage in life. I mean how can I be expected to not get Liggy Sauce on my white wedding dress?"

Why now?

*"I wanted to write the kind of show I needed when I was younger—and when I say younger, I mean yesterday. So many of us, especially in our late 20s and 30s, are watching our peers move on to the 'next stage' of life and wondering what's wrong with us. Like we're too behind, too broken, too messy, too *insert insecurity here* to get to where we want to go. I think we need to learn to accept that our flaws aren't detours, they're a key part of the path and that we don't have to cover them up to move forward. But I'm not there yet. Hence, the show."*

Who should see Liggy Sauce?

*"This show is for anyone who's ever doubted themselves, felt behind, or like they don't deserve nice things. It's for people destined to leave a mark. Whether you're a late bloomer, a stained b*tch, or just someone who'd find it helpful to watch somebody else process her own BS on stage, so you don't have to, Liggy Sauce will be your new favorite emotional condiment."*

Who is Sophia Jane Wilkof?

A third-time Edinburgh Fringe performer, Sophia is a New York-based comedian, actor, and Bar Mitzvah tutor. She premiered her one-woman show, *Gut Feelings* at the 2024 Edinburgh Fringe and regularly appears at venues across New York City, including Greenwich Village Comedy Club, Broadway Comedy Club, Eastville Comedy Club, and Rodney's Comedy Club. She was recently the only female finalist in the Comfy Comedy Clash competition at the Comic Strip Live.

Reviews

"Sophia's comedy perfectly encapsulates what it means to be a woman trying to balance self-love with self-improvement. Her humor is grounded in such a deep and nuanced honesty that I left her performance feeling as though I'm the one who had been exposed, in the absolute best way." **Emily Kling (Buzzfeed, McSweeney's)**

"Rolling, well-written jokes that just keep flowing and unexpected punchlines in general."
Eastville Comedy Club booker

"So funny, great comedic timing, and so many well-written jokes." **Ricky Sim (creator of Coming Out to Dead People)**

"I feel like I have just read through somebody's diary in superb, intense speed. What I have discovered, although heartbreaking at times, is a journey about a beautiful girl with hopes and fears. It was a privilege to hear Sophia's story. She is AMAZING! Five Stars!" **Audience Member**

"A modern Mrs. Maisel." **Leslie Wilkof (Sophia's mom)**

Listing Information

Venue: Raging Bull, Fringe Venue 332

Address: 161 Lothian Rd, Edinburgh EH3 9AA

Dates: 31 July - 11 August and 17 August - 23 August

Time: 12:15pm (55 min)

Tickets: Liggy Sauce is part of the Laughing Horse Free Festival and is unticketed. To reserve press seats, please contact us, details below.

Press Contact

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